

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

CmiB^mULINE

COURSE TITLE: HEALTH AND HEALING PRACTICUM 1

CODE NO.: NUR 113 SEMESTER: 1

PROGRAMME: NURSING / PRACTICAL NURSING

AUTHOR: LESLIE FOSTER, JUDI MAUNDRELL, LINDA TOZER-JOHNSON AND RUTH WILSON

DATE: SEPTEMBER, 1996 PREVIOUS OUTLINE DATED: SEPT/95

APPROVED: 
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DATE

HEALTH AND HEALING PRACTICUM 1
COURSE NAME

NIR111
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CREDIT HOURS: 9

PREREQUISITE(S): NONE

I. PHILOSOPHY/GOALS:

The student will apply the theories and concepts examined and explored in the Health and Healing I course. Basic nursing skills will be practiced in the Health Sciences resource centre and applied to maintain and promote health with individuals in a variety of practicum settings.

II. LEARNING OUTCOMES:

In this course, many learning activities are designed to foster collaborative learning in small groups. In order for the learner to develop the ability to critically think, reflect and integrate new information, the learner must engage in active dialogue with colleagues and the teacher. It is therefore to the learner's benefit that the learner attend and participate in class.

Upon the completion of this course, the student will have:

1. examined the concepts of health and healing and the relationship to human development.
2. examined beliefs and practices which promote a healthy lifestyle.
3. assessed health throughout the lifespan, from toddler to adult, within the family context.
4. practiced basic nursing skills to maintain and promote health in the Health Sciences Resource Centre and the nursing practice setting.
5. applied interpersonal skills in a caring manner.
6. applied analytical thinking skills in class discussions and written assignments to plan and provide safe care.

III. TOPICS TO BE COVERED:

The content will be covered under the following concepts:

- Practicum:

Week 1-14

Students will be focusing on experiences in the community to explore the concepts of growth and development, families health, health assessment, health promotion and communication.

Week 15-16

Students will be assigned to a two-week consolidation period in a nursing practice setting.

Basic Nursing Skills:

Medical asepsis
Bedmaking
Hygienic care
Positioning
Body mechanics
Transfer techniques
Surgical asepsis
Bowel care
Vital signs
Range of motion

IV. LEARNING ACTIVITIES/RESOURCES:

Refer to the teacher/student resource and learning packages for learning activities/resources.

V. EVALUATION:

1. The students must receive a satisfactory in the practicum component of the course to pass. A variety of assignments and tools will be submitted in a portfolio for review. The student must also be successfully critiqued in five basic skills in the Health Sciences Resource Centre.

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V. EVALUATION Continued:

2. Evaluation methods:

- please refer to the section on the interactive review process.
- the student is expected to develop learning outcomes for each rotation and to develop a portfolio for the practicum experience throughout the semester, your facilitator and practicum mentor will help you with your portfolio development, the following are assignments that you will be required to complete:
 1. a family scrapbook
 2. documentation assignment
 3. terminology quizzes and self-study assignments
 4. math calculations for drug administration tests
(you will need to score 80% on each of two tests OR 90% on one of the tests from 4 available tests excluding diagnostic test)
 5. health & wellness fair
 6. skills critique in HSRC
 7. anything else that will demonstrate your learning
eg: demonstrate meeting practicum outcomes in consolidation weeks)

VI. **PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the instructor.

VII. REQUIRED STUDENT RESOURCES:

Required Publications:

1. Guidelines for Professional Behaviour
2. Standards of Practice for RNs and RPNs

Health SL Healing Practicum 1 L^ Manual

Health SL Healing Practicum i StiiikDi Resources Package, 1996

Duff, D.L. and Aylward, J.M., *A Metric Guide for Professionals* QQ Dosages and Solutions^ HBJ Company, Toronto, 1992

Kozier, B., Erb, G., and Blais, K., *Fundamentals of Nursing: Concepts, Process & Practice*^ 5th ed., Addison-Wesley Publishing Co., Don Mills, Ontario, 1995

Payne, Wayne and Hahn, Dale, Understanding Your Health, 4th ed., Mosby Year Book, Inc., Toronto, 1995

Smith, Davis and Dennerll, *Medical Terminology: A Programmed Text*, Textbook/Audiotape Package, 7th ed., John Wiley & Sons, Inc., Toronto, 1995

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VIII. ADDITIONAL RECOMMENDED RESOURCES

n/a

IX. SPECIAL NEEDS:

Students with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities] are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of students.

Sault College wishes to acknowledge the contribution Georgian College has made to this process.

X. COURSE ANALYSIS SHEET: